

BANANA CREPES

Indian recipe from Sarah; Serve with butter & maple syrup or try peanut butter or PBJ. For dessert, roll up with fruit & whipped cream.

- 1 cup milk
 - 1 cup flour
 - 2 eggs
 - 3 cardamom pods, seeds only
 - 2 T sugar
 - 1 or 2 ripe bananas.
1. Puree ingredients together in blender.
 2. Cook as for crepes in non-stick frypan set to medium or medium-high heat.